



## **Marialuigia Giovannini-Spinelli MD PhD**

Nationality	Italian
Marital status	Married with one child
Date of birth	September 4 <sup>th</sup> 1983
Place of birth	Naples, Italy

### **Medical Council affiliation:**

- Aargauischer Ärzteverband (AAV)
- Swiss Medical Association (FMH/VSAO)
- Royal Society of Medicine (Associate Membership)

### **Scientific Membership:**

- Society for Reproductive Investigation (SRI)
- European Society of Gynecological Endoscopy (ESGE)
- Società Italiana di Endoscopia Ginecologica (SEGI)
- Società Italiana di Ecografia Ostetrico-Ginecologica (SIEOG)
- International Society of Ultrasound in Obstetrics & Gynecology (ISUOG)

**ORCID** 0000-0002-4854-8302

## Clinical Experience

September 2021 to date

**Attending OB/GYN Specialist** at the Private Centre “**Geburt und Familie**”, **Aarau, Switzerland**, directed by Dr. Werner Stadlmayr and at the **Hirslanden Private Hospital** (since September 2023)

- Obstetrics and gynecological consultations
- Basic infertility diagnosis and treatment
- Urogynecology
- Family planning
- Prenatal ultrasound
- Gynecological ultrasound
- Office diagnostic and operative hysteroscopy
- Naturopathy

July 2015 to April 2021

**OB/GYN Physician** (2018-2021) and **Medical Fellow** (2015-2017) at the Department of Obstetrics and Gynecology, **Inselspital, Bern University Hospital, Switzerland**, directed by Prof. Michael Müller and Prof. Daniel Surbek

- Obstetrics and gynecological consultations
- Prenatal ultrasound
- Gynecological ultrasound
- Basic infertility diagnosis and treatment
- Urogynecology
- Family planning
- Antenatal and postnatal ward care
- Obstetrics first aid
- Delivery room
- Operating room (basic surgery in Obstetrics and benign gynecologic surgery)

April 2015 to Juli 2015

**Surgical fellow** at the Private Centre “**Casa di Cura S.Rita**”, **Atripalda (AV), Italy**, directed by Dr. Italo Ardonino

- Training in elective conventional (open) gynecology surgery
- Training in laparoscopic gynecological surgery

July 2009 to July 2015

**Resident doctor** at the “Training program in Obstetrics and Gynecology”, Specialization School, School of Medicine, **University of Naples “Federico II”, Italy**, directed by Prof. Carmine Nappi

- Inpatient and outpatient minimally invasive gynecologic surgery
- Basic gynecologic and obstetric ultrasound
- Antenatal und postnatal ward care
- Basic obstetrics and gynecological consultations
- Obstetric first aid
- Delivery room
- Operating room

January 2013 to June 2015	<b>Trainee doctor</b> at the Private Centre of obstetrical and gynecological ultrasound “ <b>Diagnostica Ecografica Prenatale A. Di Meglio S.R.L.</b> ”, <b>Naples, Italy</b> , directed by Dr. Aniello Di Meglio - Gynecologic and obstetric ultrasound, including I and II screening, second opinion and invasive prenatal diagnostic (chorionic villus sampling, amniocentesis)
2010 to 2015	Collaboration with Medico-Legal Advisers in Obstetrics and Gynecology
2006 to 2009	Pre and Post Graduate Trainee at: Department of Obstetrics and Gynecology directed by Prof. Carmine Nappi and Department of Surgery, Orthopedics, Traumatology and Emergency, directed by Prof. Francesco Milone, <b>University of Naples "Federico II", Italy</b> ; Post Graduate Trainee at: <b>Medical Family Office, Via Vittorio Colonna 14, Naples, Italy</b> , directed by Dr. Saverio Annunziata

## Research and teaching experience

March 2017 to April 2021	<b>Post-Doc Research Associate</b> at the <b>Laboratory of Prenatal Medicine - Department of clinical research, University of Bern, Switzerland</b> , directed by Prof. Daniel Surbek - Experimental translational research activity at the Laboratory of Prenatal Medicine, directed by Prof. Andreina Schoeberlein and Prof. Martin Mueller. Main research lines: ✓ <i>In-vitro</i> investigation of the role of the “Preimplantation Factor” in perinatal brain injury ✓ <i>In-vitro</i> investigation of the mechanisms of the preterm birth - Clinical research activity at the Unit of Prenatal Ultrasound, directed by Prof. Luigi Raio. Main research lines: ✓ Pathological development of the fetal brain, with special attention to the midline structures and the posterior fossa
October 2017 to October 2018	<b>MRes student in Psycho-Neuro-Endocrino-Immunology University of Turin, Italy</b> , at the Department of Neuroscience “Rita Levi Montalcini” - Clinical research activity at the Department of Neuroscience “Rita Levi Montalcini”, directed by Prof. Abbate Daga. Main research lines: ✓ Role of Psychosocial Stress in the pathophysiology of pregnancy complications
February 2014 to February 2017	<b>Binational PhD student</b> in Reproductive Sciences – co-tutoring between the: Department of Neurosciences and Reproductive Sciences, <b>University of Naples Federico II</b> ,

Italy, tutor: Prof. Lucio Annunziato (2014-2015) and the Department of Obstetrics and Gynecology, **University of Bern, Switzerland**, tutor: Prof Daniel Surbek (2015-2017)

- Experimental translational research activity at the Laboratory of Prenatal Medicine, directed by Prof. Andreina Schoeberlein (Bern). Main research line: Investigation of the role of the Wharton Jelly's mesenchymal stem cells in perinatal brain injury
- Clinical research activity at the Unit of Prenatal Ultrasound, directed by Prof. Luigi Raio (Bern) and at the private Centre of Obstetrical and Gynecological ultrasound "Diagnostica Ecografica Prenatale A. Di Meglio S.R.L.", (Naples). Main research lines: Physiological development of the fetal brain, with special attention to the midline structures and the posterior fossa
- Teaching activity: preparation and publication of short video/audio in Italian and English reporting clinical cases in Gynecologic and Obstetric Ultrasound, available at the website:  
<http://www.anielldimeglio.com/pubblico/index.htm>

2010 to 2015

Anatomy and Physiology Teacher at "course preparation for medical school", **Private Centre "Istituto per Ricerche ed Attività Educativa" (IPE), Naples, Italy**, directed by Dr. Lorenzo Burdo

## Education and Qualifications

1<sup>st</sup> September 2023

**Accreditation as "Portalärztin" at the Hirslanden Private Hospital, Aarau, Switzerland**

28 April 2023

**Diploma in «Arthrokinematik – manuelle Medizin»** according to the method of Dr. Dorin Ritzmann and Dr. Bruno Maggi

15 June 2022

**European Gynecological Endoscopy Education and Assessment Programme (GESEA) Certification**, European Society of Gynecological Endoscopy (ESGE) Academy

10 October 2021

**Swiss Certification in Pregnancy Ultrasound - Fähigkeitsausweis «Schwangerschaftsultraschall»** Schweizerische Gesellschaft für Ultraschall in der Medizin (SGUM)

28 October 2018

**Master of Research "magna cum laude" in Psycho-Neuro-Endocrine-Immunology (PNEI), University of Turin, Department "Rita Levi Montalcini", Italy**  
Thesis: "Effetti dello stress in ottica perinatale: l'ottica PNEI"

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7 June 2017

**Doctor of Philosophy (PhD) "summa cum laude" in Neuroscience and Reproductive Medicine co-tutored between the University of Naples "Federico II", Italy, and the University of Bern, Switzerland**  
Thesis: "Physiopathology of the Developing Brain: from prenatal imaging to experimental models"

3 July 2014

**Certification in Obstetrics and Gynecology "summa cum laude", recognized by the FMH Swiss Medical Association, School of Medicine, University of Naples "Federico II", Italy**

*Thesis: "Ruolo dell'isteroscopia nella diagnosi e nel trattamento delle malformazioni congenite del tratto genitale femminile nell'ambito del work-up dell'infertilità"*

25 July 2008

**Doctor of Medicine and Surgery "summa cum laude", recognized by the FMH Swiss Medical Association, School of Medicine, University of Naples "Federico II", Italy**

*Thesis: "Valutazione del ruolo del - Cocaine and Amphetamine Regulated Transcript- (CART) nella fisiopatologia ginecologica"*

## Awards and Grants

March 2020

**Giorgio Pardi Foundation Junior Scientist Award:** SRI  
Presentation: "Synthetic Preimplantation Factor Prevents  
Preterm Birth and Preserves Fetal Brain Development"

July 2019

**CHF 80'000 Clinical Trial Unit Research Grant** Bern  
University Hospital. Research line: "Preimplantation factor: a  
biomarker for preterm birth?"

October 2018

**First Award:** DGGG Poster Presentation: "Preimplantation  
Factor promotes Neuroprotection by modulating Long non-  
coding RNA H19 of the Neuronal Stem Cells"

June 2018

**First Award:** SGGG Oral Presentation: "Preimplantation  
Factor promotes Neuroprotection by modulating Long non-  
coding RNA H19 of the Neuronal Stem Cells"

February 2014

**CHF 35'000 Research Grant** University of Naples "Federico  
II". Research line: "Physiopathology of the Developing Brain:  
from prenatal imaging to experimental models"

## Languages

Italian	<b>Mother Tongue</b>
English	<b>C1</b>
German	<b>C1</b>
French	<b>A2</b>

## International peer-reviewed research papers

- 1) Gubbini G, Di Spieazio Sardo A, Nascetti D, Marra E, **Spinelli M**, Greco E, Casadio P, Nappi C New outpatient subclassification system for American Fertility Society Classes Vand VI uterine anomalies. *J Minim Invasive Gynecol.*2009; 16(5):554-61;
- 2) Mignogna C, Di Spieazio Sardo A, **Spinelli M**, Sassone C, Cervasio M, Guida M, Falletti J, Nappi C. A case of pure uterine lipoma: immunohistochemical and ultrastructural focus. *Arch GynecolObstet.*2009; 280(6):1071-4;
- 3) Bettocchi S., Ceci O, **Spinelli M**, Laera AF, Scognamiglio M, Pinto L, Di Spieazio Sardo A. Office hysteroscopy Ref *Gynecol Obstet.*2009;12:192-202;
- 4) Nappi L, Indraccolo U, Di Spieazio Sardo A, Gentile G, Palombino K, Castaldi MA, **Spinelli M**, Greco P. Are diabetes, hypertension, and obesity independent risk factors for endometrial polyps? *J Minim InvasiveGynecol.*2009;16(2):157-62;
- 5) Bettocchi S, **Spinelli M**, Camporale AL, Selvaggi L, Di Spieazio Sardo A, Nappi C. Uterine septum resection: does it impact fertility? *Middle East Fertility Society Journal.* 2009; Vol.14n°1;
- 6) Di Spieazio Sardo A, Bettocchi S, **Spinelli M**, Guida M, Nappi L, Angioni S, Sosa Fernandez LM, Nappi C. Review of new office-based hysteroscopic procedures 2003-2009. *J Minim InvasiveGynecol.* 2010;17(4):436-48;
- 7) Bifulco G, Piccoli R, Lavitola G, Di Spieazio Sardo A, **Spinelli M**, Cavallaro A, Nappi C. Endocervicoscopy: a new technique for the diagnostic work-up of cervical intraepithelial neoplasia allowing a tailored excisional therapy in young fertile women. *FertilSteril.* 2010; 94(7):2726-31;
- 8) Di SpieazioSardo A; **Spinelli M**; Coppola C; Zizolfi B; Nappi C. Looking for a polyp, we found a...crab! *Gynecological Surgery.* 2010; 7(3): 295-296;
- 9) Bifulco G, **Spinelli M**, De Rosa N, Scognamiglio M, Morra I, Nappi C. Sterilizzazione tubarica volontaria-Aspetti epidemiologici, medico-chirurgici ed etico-legali della sterilizzazione femminile. *Il Ginecologo.* 2010; 5(3): 112 ;
- 10) Di Spieazio Sardo A, **Spinelli M**, Bramante S, Scognamiglio M, Greco E, Guida M, Cela V, Nappi C Efficacy of apolyethyleneoxide-sodiumcarboxymethylcellulose gel in prevention of intrauterine adhesions after hysteroscopic surgery. *J Minim Invasive Gynecol.* 2011; 18(4):462;
- 11) Paoletti R, Di Spieazio Sardo A, **Spinelli M**, Insabato L, Nappi C. Hysteroscopic diagnosis of endometrial vascular dystrophy. *J Minim Invasive Gynecol.* 2012;19(5):543-4;
- 12) Di Spieazio Sardo A, Zizolfi B, Lodh iW, Bifulco G, Fernandez L, **Spinelli M**, Nappi C' See and treat' outpatient hysteroscopy with novel fibreoptic "Alphascope". *J Obstet Gynaecol.*2012; 32(3):298-300;
- 13) Guida M, Zullo F, Buonomo B , Marra ML, Palatucci V, Pascale R, Visconti F,.Guerra G, **Spinelli M**, Di Spieazio Sardo A. Estrogens and neuropeptides in postmenopausal women: an update. *Translational Medicine@ UniSa.* 2012; 3(4):(25-41);
- 14) Di Spieazio Sardo A , Alvgi C, Zizolfi B, **Spinelli M**, De Rosa P, De Placido G, Nappi C. Cervico – isthmic pregnancy successfully treated with bipolar resection following methotrexate administration : case report and literature review *Reproductive Biomedicine Online.* 2013;26(1):99-103;
- 15) Bifulco G, Sardo AD, De Rosa N, Greco E, **Spinelli M**, Di Carlo C, Tommaselli GA, Nappi C. The use of an oral contraceptive containing estradiol valerate and dienogest before office operative hysteroscopy: a feasibility study. *Gynecol Endocrinol.* 2012 Dec;28(12):949-55;
- 16) Di Spieazio Sardo A, Bettocchi S, Bramante S, Greco E, **Spinelli M**, Nappi C. "Tubal ostium sunshine":hysteroscopic sign of chronic salpingitis. *J Minim Inv- Gynecol* 2012;19(6):676-7;
- 17) Nappi L, Sardo AD, **Spinelli M**, Guida M, Mencaglia L, Greco P, Nappi C, Filippeschi M, Florio P. A Multicenter, Double-Blind, Randomized, Placebo-Controlled Study to Assess Whether Antibiotic Administration Should Be Recommended During Office Operative Hysteroscopy. *Reprod Sci.*

2013;20(7):755-61;

- 18) De Angelis C, Carnevale A, Santoro G, Nofroni I, **Spinelli M**, Guida M, Mencaglia L, Di Spieazio Sardo A. Hysteroscopic Findings in Women With Menorrhagia. *J Minim Invasive Gynecol.* 2013;20(2):209-14;
- 19) Di Spieazio Sardo A, Paladini D, Zizolfi B, **Spinelli M**, Nappi C. Pentalogy of Cantrell:embryofetoscopic diagnosis. *J Minim Invasive Gynecol.* 2013;20(2):248-51;
- 20) Di Spieazio Sardo A., Di Carlo C., **Spinelli M**, Zizolfi B., Sosa Fernandez L.M., NappiC. An earring incidentally diagnosed and removed through two-step vaginoscopy in a pubertal virgin girl with military Tubercolosis. *Images in Gynecologic Surgery.* 2014;21(2):176-7;
- 21) Di Spieazio Sardo A, **Spinelli M**, D'Auria D, Zizolfi B, Sansone M, Nappi C and Di Carlo C. Severe Vaginal Stenosis Simulating a Transverse Septum with Huge Hematocolpos in an HIV-patient:How to Make a Break in the Wall? *J Clin Case Rep.* 2014;S1:1-4;
- 22) Sardo AD, Florio P, Fernandez LM, Guerra G, **Spinelli M**, Carlo CD, Filippeschi M, Nappi C. The Potential Role of Endometrial Nerve Fibers in the Pathogenesis of Pain During Endometrial Biopsy at Office Hysteroscopy. *Reprod Sci.* 2015;22(1):124-31;
- 23) DiSpieazioSardoA.,FlorioP.,NazzaroG.,**SpinelliM.**,PaladiniD.,DiCarloC.,FilippeschiM.,NappiC.Hysteroscopic Outpatient Metroplasty to Expand Dysmorphic Uteri (HOME-DU technique):a pilot study. *Reprod. Biomed. Online.* 2015;30(2):166-74;
- 24) Di Spieazio Sardo A, Campo R, Gordts S, **Spinelli M**, Cosimato C, Tanos V, Brucker S, Li TC, Gergolet M, De Angelis C, Gianaroli L, Grimbizis G. The comprehensiveness of the ESHRE/ESGE classification of female genital tract congenital anomalies: a systematic review of cases not classified by the AFS system. *Hum Reprod.* 2015;30(5):1046-58;
- 25) Di Spieazio Sardo A, **Spinelli M**, Zizolfi B, Nappi C. Ambulatory management of heavy menstrual bleeding. *Womens Health (Lond).* 2016 ;12(1):35-43;
- 26) Bettocchi S, Bramante S, Bifulco G, **Spinelli M**, Ceci O, Fascilla FD, Di Spieazio Sardo A. Challenging the cervix: strategies to overcome the anatomic impediments to hysteroscopy: analysis of 31,052 office hysteroscopies. *Fertility and sterility* 2016;105(5):e16-e17;
- 27) Di Spieazio Sardo A, **Spinelli M**, DA Cunha Vieira M, Zizolfi B, Nappi C, Bifulco G Hysteroscopic treatment of Müllerian duct anomalies.. *Minerva Ginecol.* 2016 Apr;68(2):175-85;
- 28) Bolla D, Favre D, **Spinelli M**, Baud D, Baumann M, Raio L. Placental anastomoses in monochorionic diamniotic twin pregnancies: not only a source of complications. *Ultrasound Obstet Gynecol.* 2016;48(2):253-4;
- 29) **Spinelli M**, Sica C, Dallapiccola B, Novelli A, Di Meglio L, Martinelli P. The Challenge of Prenatal Diagnostic Work-Up of Maternally Inherited X-Linked Opitz G/BBB: Case Report and Literature Review. *Case Rep Obstet Gynecol.* 2015;2015:830108;
- 30) **Spinelli M.**, Di Meglio L., Raio L, Di Fabrizio F, De Ville De Goyet J., Surbek D. Two-Dimensional Ultrasonographic Prenatal Diagnosis of Choledochal Cyst: Our Experience and Literature Review, *Gynecol Obstet Case Rep.* 2016, 2:2;
- 31) Di Spieazio Sardo A, **Spinelli M**, DA Cunha M, Zizolfi B, Nappi C, Bifulco G. Hysteroscopic treatment of Müllerian duct anomalies. *Minerva Ginecologica.* 2016; 68(2):175-85;
- 32) Di Spieazio Sardo A, Di Carlo C, Minozzi S, **Spinelli M**, Pistotti V, Alviggi C, De Placido G, Nappi C, Bifulco G: Efficacy of hysteroscopy in improving reproductive outcomes of infertile couples: a systematic review and meta-analysis. *Human Reproduction Update.* 2016;22(4):479-96;
- 33) **Spinelli M**, Sica C, Di Meglio, L, Bolla D, Raio L, Surbek D: Fetal Cerebellar Vermis Circumference Measured by 2-Dimensional Ultrasound Scan: Reference Range, Feasibility and Reproducibility. *IUO.* 2016;2(4):E124-E128;
- 34) **Spinelli M**, Righi O, Bonacini E.,Curati G.,Birocco N.,Surbek D. The Attachment Theory Today: From the Epigenetic Effects of Maternal Behavior to Psycho-Neuro-Endocrino-Immunology. *Journal of Clinical Epigenetic.* 2017; 3:43;
- 35) Messerli M, Opplinger B, **Spinelli M**, Schneider P, Thomi G, Surbek D, Schöeberlein A. Extracellular Vesicles

Derived from Wharton's Jelly Mesenchymal Stem Cells Prevent and Resolve Programmed Cell Death Mediated by Hypoxia-Ischemia in Neuronal Cells. *Cell Transplantation*, 2018; 27(1):168-180;

- 36) Hecht C, Baumann M, **Spinelli M**, Trippel M, Raio L: The umbilical cord in conjoined twins: prenatal imaging and anatomo-pathologic aspects: Umbilical cord in conjoined twins. *Ultrasound in Obstetrics and Gynecology* 2018; 53(2);
- 37) Hayrabedian S, Todorova K, **Spinelli M**, Barnea ER, Mueller M. The core sequence of PIF competes for insulin/amylloid  $\beta$  in insulin degrading enzyme: potential treatment for Alzheimer's disease. *Oncotarget*. 2018. 21;9(74):33884-33895;
- 38) Mosimann B, Arampatzis G, Amylidi-Mohr S, Bessire A, **Spinelli M**, Koumoutsakos P, Surbek D, Raio L. Reference Ranges for Fetal Atrioventricular and Ventriculoatrial Time Intervals and Their Ratios during Normal Pregnancy. *Fetal Diagn Ther*. 2018;44(3):228-235;
- 39) Saccone G, Di Spiezio Sardo A, Ciardulli A, Caissutti C, **Spinelli M**, Surbek D, von Wolff M. Effectiveness of seminal plasma in in vitro fertilisation treatment: a systematic review and meta-analysis. *BJOG*. 2019;126(2):220-225;
- 40) **Spinelli M**, Sica C, Mosimann B, Surbek D, Raio L. The vermian-crest angle: a new method to assess fetal vermis position within the posterior fossa using 3- dimensional multiplanar sonography. *Fetal Diagn Ther* 2019;46(4):223-230;
- 41) **Spinelli M**, Wiest R, Di Meglio L, Baumann M, Raio L, Surbek D. The "vermian-crest angle": does it allow accurate categorisation of fetal upward rotation of cerebellar vermis on intrauterine MRI? A pilot study. *Clin Radiol*. 2019;74(6):489.e1-489.e7;
- 42) **Spinelli M**, Sica C, Ghezzi F, Cromi A, Surbek D, Raio L. Nomograms of the Fetal Sylvian Fissure and Insular Lobe throughout Gestation: A Multicentric, Ultrasonographic Cross-Sectional Study. *Fetal Diagn Ther*. 2019;45(5):325-331;
- 43) Guenot C, Kingdom J, De Rham M, Osterheld M, Keating S, Vial Y, Van Mieghem T, Jastrow N, Raio L, **Spinelli M**, Di Meglio L, Chalouhi G, Baud D. Placental mesenchymal dysplasia: An underdiagnosed placental pathology with various clinical outcomes. *Eur J Obstet Gynecol Reprod Biol*. 2019;234:155-164;
- 44) Al-Nasiry S, Ambrosino E, Schlaepfer M, Morré SA, Wieten L, Voncken JW, **Spinelli M**, Mueller M, Kramer BW. The Interplay Between Reproductive Tract Microbiota and Immunological System in Human Reproduction. *Front Immunol*. 2020;16;11:378;
- 45) **Spinelli M**, Boucard C, Di Nicuolo F, Haesler V, Castellani R, Pontecorvi A, Scambia G, Granieri C, Barnea ER, Surbek D, Mueller M, Di Simone N. Synthetic PreImplantation Factor (sPIF) reduces inflammation and prevents preterm birth. *PLoS One*. 2020. 8;15(6):e0232493;
- 46) **Spinelli M**, Boucard C, Ornaghi S, Schoeberlein A, Keller I, Coman D, Hyder F, Zhang L, Haesler V, Bordey A, Barnea E, Paidas M, Surbek D, Mueller M. PreImplantation Factor modulates oligodendrocytes by H19 induced de-methylation of NCOR2. *JCI Insight*. 2021. 22;6(20):e132335.
- 47) **Spinelli M**, Zdanowicz JA, Keller I, Nicholson P, Raio L, Amylidi-Mohr S, Mosimann B, Surbek D, Mueller M. Hypertensive disorders of pregnancy share common cfDNA methylation profiles. *Sci Rep*. 2022 Nov 18;12(1):19837.

## **Other scientific contributions/activities**

### **Participation in conferences and courses as a speaker**

- 1) European Society of Gynecological Endoscopy 18° Annual Meeting. Florence, Italy, Palazzo dei Congressi 28-31st October 2009  
Presentation: "New frontieres of office operative hysteroscopy";
- 2) Training semestrale pratico-teorico di chirurgia ginecologica. Naples, Italy, Pzza S Giovanni Bosco Hotel S. Germano 30th March 2010  
Presentation: "Isteroscopia e patologia organica";
- 3) Corso Precongressuale 13/14th June 2012 "Management ecografico ed isteroscopio delle malformazioni dell'apparato genitale"  
Policlinico FEDERICO II Via Sergio Pansini, 5 – Naples, Italy  
Presentation: "Presentazione di casi clinici";
- 4) L'endoscopia ginecologica del Terzo Millennio.Congresso. Florence, Italy, 13th December 2012. Palazzo dei Congressi.  
Presentation: "Ruolo diagnostico della isteroscopia vs tecniche non invasive" in "Management delle malformazioni: ecografia ed isteroscopia";
- 5) Corso residenziale di aggiornamento in Ostetricia e Ginecologia. Azienda Sanitaria Locale Salerno, Italy. Chairman: Davide De Vita. Nocera Inferiore, Teatro agli Olivetani, Via G. Falcone, 60. 15th December 2012.  
Presentation: "Indicazioni alla isteroscopia diagnostica" in "Isteroscopia di base";
- 6) Corso teorico-pratico SEGI Ospedale Palagi. L'isteroscopia con piattaforma Versapoint. Florence, Italy, 11-13rd September 2013.  
Chairman: S. Calzolari, L. Mencaglia, M. Franchini.  
Presentation: "Malformazioni uterine: nuove classificazioni e loro importanza nella clinica chirurgica";
- 7) Gruppo Campano di Endoscopia ginecologica - Workshop: nuove tecnologie in endoscopia ginecologica. Casa di Cura C.G. Ruesh, Naples, Italy, 19th November 2013. Chairman: N.Fortunato G.Merlino  
Presentation: "Metroplastica – nuovi orizzonti";
- 8) La Sindrome Menopausale oggi: up to date. Dalla pre-menopausa alla terza età: nuovi approcci terapeutici. Castellammare di Stabia, Naples, Italy, 23rd May 2014. Chairman: Dott. Giampaolo Mainini.  
Presentation: "La sindrome metabolica";
- 9) Corso Teorico-Pratico di chirurgia isteroscopica e mini-resettoscopica "office surgery". Bologna, Italy, 26th May 2014. Chairman: Dott. Paolo Casadio.  
Presentation: "Strumenti miniaturizzati ed elettrodi bipolari";
- 10) Corso teorico. Screening dell'insufficienza placentare. Congresso AOGOI. Caserta, Italy, 15 gennaio 2015 – Gran Hotel Vanvitelli.  
Presentation: "Management della displasia placentare";
- 11) Corso teorico-pratico di isteroscopia diagnostica ed operativa. Ospedale di Rovigo, Italy, 15-17 gennaio 2015. Chairman: Dr. Giancarlo Stellin.  
Presentation: "Metroplastica: come, quando e perché. Outcome riproduttivo ed effetti collaterali";
- 12) Patologia utero-tubaria e PMA: sinergie qualitative per un migliore risultato. Hotel Mediterraneo, Firenze, Italy, 21st February 2015.  
Chairman: Dr. M. Franchini; Dr.P. Inaudi.  
Presentation: "Criteri e metodi di diagnosi per utero a sella ed utero setto:come e quando intervenire?";
- 13) Appropriatezza assistenziale materno-neonatale. Punti nascita: collaborazione tra ostetrico e neonatologo. Holiday Inn, Cava De' Tirreni, Italy, 27th March 2015. Chairman: Dr. D. De Vita; F. Messina.  
Presentation: "Ruolo dell'ecografia e della flussimetria nel parto pretermine (II parte)"
- 14) 10° Congresso SEGI Roma, Italy, Università Cattolica del Sacro Cuore, 24-27th May 2015. Chairman: Prof. Scambia, Prof. Schettini.  
Presentation: "Isteroscopia e infertilità: il dibattito continua";
- 15) European Society of Gynecological Endoscopy (ESGE) 24th annual Congress. Budapest, Hungary, 7-10th October 2015. Chairman: Dr. Ertan Saridogan.  
Presentation: "Hysteroscopy and infertility: a systematic review and meta-analysis";
- 16) European Society of Gynecological Endoscopy (ESGE) 24th annual Congress. Budapest, Hungary, 7-10th October 2015. Chairman: Dr. Ertan Saridogan.  
Presentation: "Comprehensiveness of ESGE/ESHRE classification system for female genital tract anomalies";
- 17) Montags- Fortbildung fur Arztinnen un Arzte der Frauenklinik, Inselspital. Bern, Switzerland, 7th December 2015.  
Presentation: "Hysteroscopy and infertility: a systematic review and meta-analysis";
- 18) Jahrestkongress gynécologie suisse, Schweizerische Gesellschaft für Gynäkologie und Geburtshilfe(SGGG)/ 2016 . Interlaken, Switzerland 23rd June 2016.  
Presentation: "Exosomes from Wharton's Jelly Mesenchymal Stem Cells: protect Neural cells from Oxygen-Glucose Deprivation and Reperfusion damage?";
- 19) Jahrestkongress gynécologie suisse, Schweizerische Gesellschaft für Gynäkologie und Geburtshilfe (SGGG)/ 2016 . Interlaken, Switzerland 23rd June 2016.  
Presentation: "Nomograms of sonographic measurements of the fetal sylvian fissure and insula lobe throughout gestation: a cross-sectional study";
- 20) Fortbildung.Platzenta, Nabelschnur und Eihäute.Universität Zürich . Zürich, Sweitzerland, 27st October 2016.  
Presentation: "Nabelschnuranomalien und ihre klinische Bedeutung";
- 21) Global Congress on Hysteroscopy. Barcelona, Spain. Barcelona, 3rd May 2017. Chairman: Sergio Haimovich  
Presentation: "Hysteroscopy and ART:hysteroscopy in improving reproductive outcome of infertile couples";
- 22) Corso di aggiornamento: L'ecografia del primo trimestre (corso certificato dalla SSUM). Lugano, Switzerland, 28th October 2017  
Presentation: "Gemelli, Placenta, Utero e Annessi";

- 23)      Jahrestkongress gynécologie suisse, Schweizerische Gesellschaft für Gynäkologie und Geburtshilfe (SGGG)/ 2017 Losanne, Switzerland, 29st June 2017.  
 Presentation: "The vermillion-cresta angle: a new method to assess fetal vermis position within the posterior fossa using MRI";
- 24)      Jahrestkongress gynécologie suisse, Schweizerische Gesellschaft für Gynäkologie und Geburtshilfe (SGGG)/ 2017 . Losanne, Switzerland, 29st June 2017.  
 Presentation: "Prenatal diagnosis of rhombencephalosynapsis with ultrasound sonography and magnetic resonance imaging: literature review and own experience".
- 25)      Jahrestkongress gynécologie suisse, Schweizerische Gesellschaft für Gynäkologie und Geburtshilfe (SGGG)/ 2018 . Interlaken, Switzerland, 27-29st June 2018.  
 Presentation: "Preimplantation Factor promotes Neuroprotection by modulating Long non-coding RNA H19 of the Neuronal Stem Cells".
- 26)      Deutschen Gesellschaft für Gynäkologie und Geburtshilfe (DGGG)/ 2018 . Berlin, Germany, 31st October-3rd November 2018.  
 Presentation: "Preimplantation Factor promotes Neuroprotection by modulating Long non-coding RNA H19 of the Neuronal Stem Cells".
- 27)      66th Annual Meeting of the Society for Reproductive Investigation (SRI)/ 2019 . Paris, France, 31st March 12nd – March 16th 2019.  
 Presentation: "Preimplantation Factor promotes Neuroprotection by modulating Long non-coding RNA H19 of the Neuronal Stem Cells".
- 28)      29. Kongress der Deutschen Gesellschaft für Perinatale Medizin (DGPM)/ 2019 . Berlin, Germany, 28th November – November 30th 2019.  
 Presentation: "Preimplantation Factor promotes Neuroprotection by modulating Long non-coding RNA H19 of the Neuronal Stem Cells".
- 29). Jahrestkongress gynécologie suisse, Schweizerische Gesellschaft für Gynäkologie und Geburtshilfe (SGGG)/ 2021 . Interlaken, Switzerland, 24-26th June 2021.  
 Presentation: "Delayed prenatal development of the Insula Lobe in SGA fetuses at 2D ultrasonography: a perspective-changing retrospective study".
- 30) Jahrestkongress gynécologie suisse, Schweizerische Gesellschaft für Gynäkologie und Geburtshilfe (SGGG)/ 2022 . San Gallen, Switzerland, 23-25th June 2022.  
 Presentation: "Analysis of cfDNA methylation changes in genes associated with hypertensive disorders in pregnancy".
- 31) European Society of Gynecological Endoscopy (ESGE) 31th annual Congress. Lisbon, Spain, 2-5th October 2022.  
 Presentation: "Towards better informed consent in ambulatory hysteroscopy: a pivotal study of information source, anxiety and acceptability of modern office-based diagnostic and operative procedures";
- 32) Montags- Fortbildung fur Arztinnen un Arzte der Frauenklinik, Universität Zürich, Switzerland, 28th November 2022  
 Presentation: "Meine erste klinische Erfahrung mit Bryophilum".
- Publications in conference proceedings**
- 1) Tommaselli G, Di Carlo C, **Spinelli M**, Massaro M, Morra I, Cerrota G, Nappi C. Livelli sierici di Cocaine and Amphetamine-Regulated Transcript durante la gravidanza. In I Congresso Nazionale della Federazione Italiana di Ostetricia e Ginecologia. Roma, 5-7 novembre 2008;
  - 2) Tommaselli G, Di Carlo C, **Spinelli M**, Morra I, Formisano C, Massaro M, Cerrota G, Nappi C. Livelli sierici di Cocaine and Amphetamine Regulated Transcript durante il ciclo mestruale ed in donne in post-menopausa. In I Congresso Nazionale della Federazione Italiana di Ostetricia e Ginecologia. Roma, 5-7 novembre 2008;
  - 3) Castaldi MA, Tommaselli G, Di Carlo C, **Spinelli M**, Morra I, Nappi C. Valutazione della correlazione della leptina con lo stato nutrizionale nella donna gravida e nel feto, in condizioni normali, di denutrizione ed in gravidanze con ritardo di crescita. In I Congresso Nazionale della Federazione Italiana di Ostetricia e Ginecologia. Roma, 5-7 novembre 2008;
  - 4) Di Spiezio Sardo A, Bettocchi S, **Spinelli M**, Bramante S, Guida M, Greco E, Nappi C. Le nuove frontiere della isteroscopia moderna. Accettato per Congresso SEGI. Bologna 10-13 giugno 2009;
  - 5) Guida M, **Spinelli M**, Scognamiglio M, Sosa Fernandez L, Zizolfi B, Di Spiezio Sardo A, Nappi C. Metodi contraccettivi naturali. In III Congresso Nazionale della Società Italiana della Contraccezione. Modena, 7-9 maggio 2009;
  - 6) Di Spiezio Sardo A, Bramante S, Di Iorio P, **Spinelli M**, Coppola C, Scognamiglio M, Carbone M., Guida M, Nappi C. SEE & TREAT HYSTEROSCOPY IN DAILY PRACTICE. Accettato per Congresso SEGI. Bologna 10-13 giugno 2009;
  - 7) Di Spiezio Sardo A, Bramante S, Sorrentino F, **Spinelli M**, Coppola C, Sosa Fernández L, Guida M, Nappi C. Chirurgia office: tecnica di esecuzione di base. Accettato per Congresso SEGI. Bologna 10-13 giugno 2009;
  - 8) Nappi, L.; Di Spiezio Sardo, A.; **Spinelli M**; Mastrianni, L.; Bettocchi, S.; Greco, P. Endometrial Polypectomy: Outpatient Versus Inpatient Treatment The Journal of Minimally Invasive Gynecology Volume: 16, Issue: 6, Supplement, November - December, 2009, pp. S61-S62;
  - 9) Nappi, L.; Di Spiezio Sardo, A.; **Spinelli M**; Mastrianni, L.; Bettocchi, S.; Greco, P. The Impact of Prophylactic Antibiotics on Infectious Complications in Outpatient Office Operative Hysteroscopy: A Prospective Randomized Study JMJG Volume: 16, Issue: 6, Supplement, November - December, 2009, pp. S2;
  - 10) Gubbini, G.; Casadio, P.; Naselli, D.; Marra, E.; **Spinelli M**; Di Spiezio Sardo, A. A New Outpatient Sub-Classification System for Patients with American Fertility Society (AFS) Classes V and VI of Uterine Anomalies The Journal of Minimally Invasive Gynecology Volume: 16, Issue: 6, Supplement, November - December, 2009, pp. S16;
  - 11) Di Spiezio Sardo, A.; Bettocchi, S.; **Spinelli M**; Guida, M.; Sorrentino, F.; Nappi, L.; Nappi, C. Office Operative Hysteroscopy: An Update of the Evidence (2002-2009). The Journal of Minimally Invasive Gynecology Volume: 16, Issue: 6, Supplement, November - December, 2009, pp. S85;
  - 12) Di Spiezio Sardo, A.; **Spinelli M**; Scognamiglio, M.; Greco, E.; Guida, M.; Bramante, S.; Nappi, C. Effectiveness of a Polyethylene Oxide-Sodium Carboxymethylcellulose Gel in the Prevention of Intrauterine Adhesions after Hysteroscopic Surgery: A Pivotal Study The Journal of Minimally Invasive Gynecology Volume: 17, Issue: 6, Supplement, November - December, 2010, pp. S3;
  - 13) Nappi C, **Spinelli M**. La sperimentazione con donne in gravidanza e nel puerperio. In "Le Nuove frontiere della sperimentazione Clinica: una sfida per la Bioetica" Napoli, 15-17 dicembre 2010. Aula Magna G. Salvatore, Facoltà Medicina e Chirurgia Università Federico II Napoli;

- 14) Di Spiezio Sardo, A.; De Rosa, N.; **Spinelli M.**; Bifulco, G.; Lavitola, G.; Nappi, C.; The Use of an Oral Contraceptive Containing Estradiol Valerate and Dienogest before Office Operative Hysteroscopy: A Feasibility Study. JMIG Volume: 18, Issue: 6, Supplement, November - December, 2011, pp. S20
- 15) Di Spiezio Sardo, A.; **Spinelli M.**; Scognamiglio, M.; Sosa Fernandez, L.M.; Zizolfi, B.; Coppola, C.; et. al. Application of a Polyethylene Oxide-Sodium Carboxymethylcellulose Gel To Prevent Intrauterine and Cervical Adhesions after Hysteroscopic Surgery The Journal of Minimally Invasive Gynecology Volume: 18, Issue: 6, Supplement, November - December, 2011, pp. S170;
- 16) Di Spiezio Sardo, A.; Nazzaro, G.; **Spinelli M.**; Scognamiglio, M.; Bettocchi, S.; de Leva, B.; et. al. Hysteroscopic Outpatient Metroplasty To Expand Dysmorphic Uteri (HOME-DU Technique) The Journal of Minimally Invasive Gynecology Volume: 19, Issue: 6, Supplement, November - December, 2012, pp. S181;
- 17) Di Spiezio Sardo, A.; Nazzaro, G.; **Spinelli M.**; Paladini, D.; Bettocchi, S.; Scognamiglio, M.; et. al. Hysteroscopic Outpatient Metroplasty To Expand Dysmorphic Uteri (HOME-DU Technique): A Pilot Study JMIG Volume: 19, Issue: 6, Supplement, November - December, 2012, pp. S61-S62;
- 18) Di Spiezio Sardo A, Calagna G, **Spinelli M.**, Coppola C, Zizolfi B, Perino A, Nappi C: Cold Loop Technique" and Bipolar Technology: A Safer Hysteroscopic Approach to Remove Submucosal Myomas with Intramural Development in a Single Surgical Step. Journal of Minimally Invasive Gynecology 11/2014; 21(6):S136;
- 19) **Spinelli M.** and Di Spiezio Sardo A. Combining hysteroscopy and intrauterine levonorgestrel-releasing system for treatment of atypical hyperplasia and endometrial cancer: Our experience and literature review. J Steroids Hormon Sci 2015, 6:3;
- 20) **Spinelli M.**, Oppliger B, Messerli M., Reinhart U, Schoberlein A., Surbek D. Exosomes from Wharton's Jelly Mesenchymal Stem Cells: protect Neural cells from Oxygen-Glucose Deprivation and Reperfusion damage. Jahrestagung 2016 22-24. Juni 2016 Congress Centre Kursaal Interlaken;
- 21) **Spinelli M.**, di Meglio L, Bolla D, Mosimann B, Surbek D, Raio L. Nomograms of sonographic measurements of the fetal sylvian fissure and insula lobe throughout gestation: a cross-sectional study. Jahrestagung 2016 22-24. Juni 2016 Congress Centre Kursaal Interlaken;
- 22) Bessire A, Bolla D, Rimoldi S, Surbek D, **Spinelli M.**, Baumann M, Raio L. 24-h blood pressure variability in pregnant women with chronic hypertension. Jahrestagung 2016 22-24. Juni 2016 Congress Centre Kursaal Interlaken;
- 23) Joerger-Messerli M, **Spinelli M.**, Oppliger B, Di Salvo I, Mueller M, Schöeberlein A, Surbek Neuro-protective and -regenerative effects of exosomes derived from Wharton's jelly mesenchymal stem cells. 2017; AJOG.11.652;
- 24) **Spinelli M.**, Wiest R., Di Meglio L., Raio L., Surbek D. The vermian-cresta angle: a new method to assess fetal vermis position within the posterior fossa using Magnetic Resonance Imaging. Jahrestagung 2017 28-30. Juni 2017 Losanne;
- 25) **Spinelli M.**, Sica C., Di Meglio L., Surbek D, Raio L. The vermian-cresta angle: a new method to assess fetal vermis position within the posterior fossa using 3D Ultrasound. Jahrestagung 2017 28-30. Juni 2017 Losanne;
- 26) **Spinelli M.**, Vascone C., Bärtschi C., Manganaro L., Raio L., Surbek D. Prenatal diagnosis of rhombencephalosynapsis with ultrasonography and magnetic resonance imaging: own experience and literature review. Jahrestagung 2017 28-30. Juni 2017 Losanne;
- 27) Thomi G., Jörger- Messerli M., Opplinger B., **Spinelli M.**, Haesler V., Surbek D., Schoeberlein A. Antiinflammatory effects of Exosomes Derived from Human Umbilical Cord Mesenchymal Stem Cells on Neuroglia. Jahrestagung 2017 28-30. Juni 2017 Losanne;
- 28) **Spinelli M.**, Saccone G., Ciardulli A., Cassiutti C., Di Spiezio Sardo A., Surbek D., vonWolff M. Effectiveness of seminal plasma od semen applied at the time of oocyte aspiration or embryo transfer: a systematic review and metaanalysis. ESHRE 2017, Geneve, 2-5 Juli 2017.
- 29) **Spinelli M.**, Heling K, Chaoui R, Scheier M.A., Laue L, Raio L: OP09.07: 3D multiplanar neurosonography in fetuses with abnormalities of the posterior fossa. Ultrasound in Obstetrics and Gynecology 10/2019; 54(S1):113-114.
- 30) Joerger-Messerli M, Haesler V, Thomi G, **Spinelli M.**, Surbek D, Schoeberlein A: 942: Exosomes from stem cells of the umbilical cord trigger oligodendroglial differentiation in neural/oligodendroglial progenitor cells. American Journal of Obstetrics and Gynecology 01/2019; 220(1):S608
- 31) Brosius Lutz A, Renz P., **Spinelli M.**, et al. 1103: Astrocyte polarization in perinatal white matter injury and its contribution to disease outcomes. American Journal of Obstetrics and Gynecology 2020; 222(1):S679-S680
- 32) **Spinelli M.**, Boucard C, Di Nicuolo F et al. (2020). Synthetic Preimplantation Factor (sPIF) Prevents Preterm Birth and Preserves Fetal Brain Development. REPRODUCTIVE SCIENCES, vol. 27, ISSN: 1933-7205
- 33) Zdanowicz J, **Spinelli M.**, Surbek F, Mueller M. (2021). Hypertensive Disorders of Pregnancy Share Common cfDNA Methylation Profiles. REPRODUCTIVE SCIENCES, vol. 28, p. 289A-290A, ISSN: 1933-7205
- 34) Zdanowicz, JA, **Spinelli M.**, Surbek D, Mueller M. (2022). Analysis of cfDNA Methylation Changes in Genes Associated with Hypertensive Disorders in Pregnancy. REPRODUCTIVE SCIENCES, vol. 29, ISSN: 1933-7205
- Chapters of books**
- 1) A. Di Spiezio Sardo, M. **Spinelli M.** Scognamiglio, M. Guida, C. Nappi. "L'evoluzione dello strumentario isteroscopico" e A. Di Spiezio Sardo, M. **Spinelli M.** Guida, C. Coppola, C. Nappi. "Indicazioni, limiti e prospettive della miniisteroscopia operativa" in "Manuale per una isteroscopia moderna" a cura di Massimo Luerti;
- 2) Co-author in: C. Nappi. A. Di Spiezio Sardo. "Approccio Isteroscopico Moderno alle Patologie del Tratto Genitale. Endo-Press 2014;
- 3) Di Spiezio Sardo A, **Spinelli M.**, Nappi C. "Current Work-Up for Screening and Diagnosing Female Genital Malformations" in "Grimbizis, G., Campo, R., et al. (Eds.) Female Genital Tract Congenital Malformations" Holder Springer-Verlag London 2015";
- 4) Di Spiezio Sardo A, **Spinelli M.**, Zizolfi B, Nappi C. Ambulatory management of heavy menstrual bleeding. Womens Health (Lond Engl). 2016 Jan;12(1):35-43. PMID: 26696502;
- 5) Di Spiezio Sardo A, **Spinelli M.**, Nappi C: Current Work-Up for Screening and Diagnosing Female Genital Malformations. Female Genital Tract Congenital Malformations, 01/2015: pages 121-130